

## EVS vacancy in ITALY



**Project Title:** EUROPE ACTIVE GENERATION (EAG)

**Project Code:** 2016-3-IT03-KA105-010091

**Dates:** 5<sup>th</sup> February 2018 – 5<sup>th</sup> October 2018 (9 months)

**Receiving Organization:** Casa di Riposo Pietro Zangheri (Forlì – Italy)

**Evs -database description:** [https://europa.eu/youth/volunteering/organisation/945435236\\_en](https://europa.eu/youth/volunteering/organisation/945435236_en)

**Website:** <http://www.residenzapietrozangheri.it/default.asp>

**Coordinating Organization:** Uniser Soc. Coop. Onlus (Forlì – Italy)

### Activities Proposed:

The European volunteer will be mainly involved in the animation program of the Casa di Riposo Pietro Zangheri, a rest home for elderly people, based in Forlì. The volunteer will integrate and support the experts' work both in the practical and content arrangement of the activities. He/she will be invited to propose new activities and initiatives or to develop those already existing, sharing his/her experiences, background and personal interests with the staff and the elderly. He/she will also support the staff in carrying out tasks such as meals distribution, help the aged with motor difficulties, conversation, walking, listening etc. in order to establish a relationship based on trust and mutual exchange with the elderly who will surely take new spurs from the presence of young people. At the same time, participation in this project will allow the volunteer to acquire specific competencies in the animation field, to interact and get acquainted with a new culture and language; all these elements will favor his/her personal and professional growth.

### The activities foreseen for the animation program are:

- Individual or group conversation with the elderly. This activity allows volunteer to better know the elderly, to find a way to communicate, especially at the beginning when he/she will not be able to speak Italian yet, to get acquainted with them and gain their confidence.
- Cognitive activity. During her service the volunteer will participate to some workshops dedicated to memory and sensorial stimulation that are done to maintain the elderly's cognitive abilities, through specific games and exercises.
- Individual or group reading and commenting the main news on the paper. This is a daily activity and the volunteer through his/her active participation will get to know quickly the quests of the Rest Home, but he/she will also improve her knowledge of Italian language and culture.

- Under the supervision of the qualified physiotherapy staff, volunteer will support the animator in the realization of physical training for the guests, to be carried out in the gyms equipped for this purpose, with the aim to stimulate the residual strength of the aged.
- Support the animator in the organization and realization group games such as “Wheel of Fortune” or crossword, puzzles, in which almost every aged person participates. These games are aimed at both entertain the elderly and keep alive their cognitive skills.
- Literature workshop. In this space, aged people come together in order to read and comment poems and other literary pieces, collected in the rich library of the institute. Among the elderly there are many passionate about the literature and some ex writers. The volunteer could also introduce poetic works of her country (translated in Italian of course), and foster his/her knowledge of the Italian culture and at the same time, thanks to common discussion, to compare with elderly and carry out an important exchange both intergenerational and intercultural.
- If the weather is good, volunteer can accompany the elderly walking around the Rest Home park or, if planned, go out of the structure for a group walk in the city centre, to do some shopping or eat an ice-cream.
- Support to the staff specialized on the organization and realization of creative and handicraft workshops and of the occupational therapy, in order to encourage the aged creativity and manual skills and recreate, through small house-works, their family environment and their own habits. The volunteer will have the opportunity to use this space to provide the old people with practical support, paying particular attention to those having disabilities.
- The Pietro Zangheri Rest Home disposes of a big theatre room where it’s possible to project films and to involve big number of aged. The volunteer can choose with the elderly which film project watch it with the elderly.
- Walking outside of the park of the rest home together with the guests of the rest home. The volunteer will pay attention to those elderly with motion and sight difficulties.

### **Receiving Conditions:**

**Travel reimbursement:** Uniser will reimburse up 275 € of travel costs paid by the volunteer or by the sending organization. The volunteer will have to submit to Uniser all travel tickets and receipts/invoices in order to get the reimbursements of travel costs.

**Accommodation:** the volunteers of Casa di Riposo Pietro Zangheri will share a flat in the Center of Forlì (via Oreste Regnoli 55) with other European Volunteers of the same project. The flat is provided with kitchen, washing machine and internet. In the flat there are 3 rooms (1 single and 2 double), the volunteers could live in a single or double room according to the number of volunteers hosted at the moment. However, they have to be ready to share the room with a volunteer of the same sex.

**Food and Pocket Money:** Volunteers will receive 215 € per month on the 2nd Tuesday of each month (115 € pocket money and 100 € to buy their own food) .

**Language Course:** an Italian language course of two hours per week will be organized by Uniser in Forlì (Piazzale della Vittoria 17).

**Local Transport:** as the flat is near to the rest home, the volunteers will need local transport only to participate to special events organized by Uniser. In this case they will receive travel tickets or will get a reimburse for travel costs done.

**Working hours and days off:** the volunteer will be in service from Monday to Friday, six hours per day. The service is organized in two different shifts, morning and afternoon ones. In case of special events (parties, trips outside etc.), the volunteer could be asked to be in service also on Saturday or Sunday. In these cases, the volunteer will receive an additional day off.

**Holidays:** as the activity will last 9 month, the volunteer will get 18 days of holidays. The volunteer could decide when to spend her holidays in agreement with the receiving organization responsible

Rota Jovem has already sent a volunteer to the Casa di Riposo Pietro Zangheri. You can read about her experience in the following link:

<http://blog.rotajovem.com/2017/04/sve-nao-penses-faz.html>

And we have a new vacant for this project, you can apply now!

<http://sve.rotajovem.com/vagas.html>